

750 mL jam	about twice as much as needed
750 mL of PB	about 50% more than we needed
2 large ziplocks of GORP	more than twice what we needed
1.5 lb cheese	50% more than we needed
Oatmeal 1 large ziplock full	about 30% more than needed
Pancake mix 1 large ziplock full	about 30% more than needed

My recommendation with food is that it be measured out accurately before leaving and rationed daily by measuring so that too much is not brought. It was terribly heavy.

Here is the itinerary that my friend and I followed.

Allotted time: 8 days

Food for: 10 days

Planned route:

Night 1	Indian Point Cabin
Night 2	Lynx Creek Cabin
Night 3	Isaac Shelter
Night 4	Cariboo River-side
Night 5	Turner Creek
Night 6	Babcock Creek
Night 7	Pat's Point

Actual route

Day 1 Indian Point.

Conditions: 5 degrees C, sunny and wet heavy snow on lake. Portages were brutal and could not be skied – snowshoes all the way! No open water on Kibbee main lake (just the channel). Indian point was ice on the western half and slushy on the eastern half. No bad ice on Indian point. Left at 9:30 am and arrived at 4:00 pm

Day 2 Lynx

Conditions: 5 degrees C with wet heavy snow on lake turning to slush by noon. It was totally brutal to get to Lynx in these conditions. Arrived exhausted. Left at 9:30 am and arrived at 5:00 pm. Note that there is bad ice on the east arm of Isaac which has open spots. Very dangerous – can be detected by a soft crust that has a lot of give. Stay to the shore where ice is better. Open spots may be covered with snow.

Day 3 2 km from Isaac Shelter

Conditions: -3 degrees C with snowstorm developing. Two feet of wet powder at Isaac Shelter area. Speed reduced from 5-6 km/hr (on good crust) to 1.8 km/hr in powder. Sleds were misery. Camped at lakeside because it was dark. Arrived at 6:00 pm.

Day 4 Lynx

Conditions: -3 degrees. Snowstorm with strong south wind. Slow progress in snow. Left at 8 am and arrived at 4:30 pm. Toughest day I have ever done. 2 ft to 6 inches of powder the whole day. Used the tarp as a sail to pull us with great success.

Day 5 Moxley

Conditions: -8 degrees. Sunny. Good crust. Fast Travel. Went back to Moxley. Left at 10:30 am and arrived at 12:30 pm.

Day 6 Wolverine Shelter

Conditions: -10 degrees. Sunny. Good crust. Fast Travel. 1 hour travel.

Day 7 Indian Point

Conditions: -10 degrees. Sunny. Good crust. Very fast travel. Portage was a piece of cake on the crust we had created coming out. 4 hours travel. Bad ice still on west arm of Isaac.

Day 8 Home

Conditions: -10 degrees. Cloudy. Good crust but sheet ice on western part of Indian point. Easy fast travel. Sleds still annoying on portages... they tip over!!

Wildlife:

Wolf tracks every morning fresh. Wolves heard. Fresh wolf kill (deer) seen on Day 6. No other wildlife seen.

Fishing:

No success jigging spoons on all lakes – I guess I am a rookie at this.

Many Thanks

Dan